



Cowboy Up

Chorégraphe : Barbara Hile

Danse en Ligne ; Niveau Débutant, 32 Comptes, 4 Murs

Musique : The Woman I've Become / Jill Johnson

*3 Walks Forward, Heel, Heel, 3 Walks Back, Stomp, Stomp

1-2-3&4 Walk forward stepping right, left, right, touch left heel forward twice

5-6-7&8 Walk back stepping left, right, left, stomp right foot twice beside left

*Step, Slide, Step, Touch, Step, Slide, Step, Touch

1-2-3-4 Step right to side, slide left beside right, step right to side, touch left together

5-6-7-8 Step left to side, slide right beside left, step left to side, touch right together

*Double Hips Back, Double Hips Forward, Single Hip Bumps

1-2-3-4 Step right back double hip bumps, step left forward double hip bumps

5-6-7-8 Single hip bumps, back, forward, back, forward

*Vine Right, Touch, Vine Left ¼ Left Turn, Touch

1-2-3-4 Vine right, touch left together

5-6-7-8 Step left to side, cross right behind left, turn ¼ left turn left forward, touch right together

