

## Nu Flow

Choreographed by: Masters in Line,

Music: Nu Flow by Big Brovaz

Dancelevel: Intermediate

Wall: 2 Wall

Counts: 40 counts

Dance starts on last count of the dance as shown below

**KICK BALL STEP, TOUCH CROSS, SWITCH AND SWITCH, ½ TURN TOUCH, POINT &**

8&1 Kick right forward, step right together, step left forward

2-3 Touch right to side, cross right over left

4&5 Touch left to side, step left together, touch right to side

6-7 Pivot a ½ turn right bringing right foot next to left, touch left to side

8 Touch left toe across in front of right

**AND STEP, CROSS ½ TURN, STEP TOUCH, ½ TURN TOUCH, STEP**

&1 Step left to side, step right to side

2-3 Cross left over right, step right foot back making ¼ turn left

4-5 Step left to side making ¼ turn left, touch right to side

6-7 Turn ¼ right and step right forward, turn ¼ right and touch left toe to left side

8 Turn ¼ left and step left forward

**FULL TURN, STEP ½ TURN, AND HEEL HOLD AND TOGETHER HOLD**

1-2 Turn ½ left and step back on right foot, turn ½ left and step forward on left foot

3-4 Step right forward, pivot ½ turn left (weight ends on left foot)

&5-6 Step right back, touch left heel diagonally forward, hold

&7-8 Step left to side, step right together, hold

**AND SIDE, CROSS, SIDE, BEHIND, TOUCH, HITCH, SIDE, TWIST**

&1-2 Step left to side, step right to side, cross left over right

3-4 Step right to side, cross left behind right

5-6 Touch right to side, hitch right knee beside left leg

7-8 Step right to side, twist both heels to the left so your body turns ¼ turn right

**HITCH, STEP BACK, ¼ TURN BUMP, BUMP, 1 & ¼ TURN LEFT**

1-2 Hitch left knee beside right leg, touch left toe back

3-4 Turn ¼ left bumping hips to left, bump hips right

5-6 Turn ¼ left and step left foot forward, pivoting a ½ turn left step back on right foot

7 Turn ½ left and step left forward

Count 40 begins the dance again with the right kick forward

REPEAT