

Miami Mambo

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Choregraphie par : Ross BROWN (UK)

Description : 32 temps, 4 murs, Débutant, Mai 2018

Musique : Move to Miami (Feat. Pitbull) by Enrique Iglesias (100 Bpm) CD : Single [Length – 2:49]



Intro : 16 Counts (Approx. 9 Seconds)

MAMBO FORWARD. MAMBO BACK. SHUFFLE FORWARD / STEP, LOCK, STEP; RIGHT & LEFT.

- 1 & 2 Rock R forward, recover onto L, step R next to L.
- 3 & 4 Rock L back, recover onto R, step L next to R.
- 5 & 6 Step R forward, close L up to R / lock L behind R, step R forward.
- 7 & 8 Step L forward, close R up to L / lock R behind L, step L forward. (12 O'CLOCK)

SIDE MAMBO; RIGHT & LEFT. CHASSE RIGHT. (¼ TURN L) CHASSE LEFT.

- 1 & 2 Rock R to R, recover onto L, step R next to L.
- 3 & 4 Rock L to L, recover onto R, step L next to R.
- 5 & 6 Step R to R, close L up to R, step R to R.
- 7 & 8 Make a ¼ turn L stepping L to L, close R up to L, step L to L. (9 O'CLOCK)

"STEP OVER THE BOX" WALKS; RIGHT & LEFT. KICK, BALL, POINT; RIGHT & LEFT.

- 1 & 2 Hitch R knee up, extend R foot forward, step R forward.
- 3 & 4 Hitch L knee up, extend L foot forward, step L forward.
- 5 & 6 Kick R forward, step R next to L, point L to L.
- 7 & 8 Kick L forward, step L next to R, point R to R. (9 O'CLOCK)

CROSS SAMBAS; RIGHT & LEFT. TOUCH FORWARD, HEEL FLICK. TOUCH BACK, HEEL FLICK.

- 1 & 2 Cross step R over L, step L back, step R next to L.
- 3 & 4 Cross step L over R, step R back, step L next to R.
- 5 & 6 Touch R forward, flick both heels to right, flick both heels back.
- 7 & 8 Touch R back, flick both heels to left, flick both heels back. (9 O'CLOCK)

END OF DANCE!

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